

The Trauma Pandemic
A Global Lens for Global Action
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6 April 2019, Multnomah University
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Suggestions to prepare for Michèle and Kelly's presentation:

1. Watch the four most recent, one-minute reports in the [United Nations Week in Review](#).
 - Pause the videos periodically. Reflect on how 1-3 items relate to the causes and consequences of trauma.
 - Describe in one sentence why it is important to view our "globails" (global ails) through a trauma lens.

2. Review [Confronting the Trauma Pandemic: Collaboration and Care](#) (*Member Care Update*, March 2019). "In this *Update* we focus on a variety of perspectives, tools, and initiatives regarding global trauma. What is being done to combat trauma locally through globally, including collaborating to address the causes and consequences of trauma and caring for traumatized people and communities? This diverse topic is sobering, saddening, massive, and utterly necessary to address."
 - Identify 1-3 items in this *Update* that interest you the most for further study or involvement.
 - What other trauma-related items or emphases would you want to include in this *Update*?

3. Read [Wellbeing for All: Mental Health Professionals and Sustainable Development](#) (*Journal of Psychology and Christianity*, March 2017, pages 70-75). "This article explores how mental health professionals (MHPs), especially Christians whose faith-based values help shape and support their professional work, can connect and contribute to the growing efforts to promote wellbeing for all people and the planet. We highlight three current and unprecedented global efforts, foremost being the United Nations 2030 Agenda for Sustainable Development (2015), followed by the World Health Organization's Mental Health Action Plan (2013) and the United Nations One Humanity: Shared Responsibility (2016b). "Global integration" and "global mental health" are also presented as frameworks to help guide MHPs' global involvement. We finish with some convictions and commitments for Christian MHPs to consider."
 - The word "trauma" appears three times in this short article. Find them!
 - Make one personal application of the Seven Commitments which are listed at the end of the article.

Notes

Global Integration (GI) is a framework for actively and responsibly engaging in our world—locally through globally—for God's glory. GI emphasizes connecting relationally and contributing relevantly on behalf of human wellbeing and the issues facing humanity in light of our integrity, commitments, and core values (e.g., ethical, humanitarian, human rights, faith-based). [Global Integration: Staying Current and Relevant](#) (March 2019 update)

Global Mental Health is an emerging domain which promotes mental health and wellbeing for all. GMH: is international, interdisciplinary, culturally-relevant, multi-sectoral; emphasizes the right to health and equity in health; encourages healthy behaviors and lifestyles; is committed to preventing and treating mental, neurological, and substance use conditions (MNS) especially for vulnerable populations (e.g., settings of poverty, conflict, calamity, and trauma) and in low- and middle-income countries; and seeks to improve policies and programs, professional practices and research, advocacy and awareness, and social and environmental factors that affect mental health and wellbeing. [GMH-Map website](#)



Dr. Michèle Lewis O'Donnell and Dr. Kelly O'Donnell are consulting psychologists based in Geneva. Respectively they are the CEO and COO of Member Care Associates, Inc (MCA), an NGO focusing on the wellbeing and effectiveness of staff and their organizations. Their multi-sectoral emphases for consultation, training, and writing include: personnel development, Global Mental Health, and integrity/anti-corruption. Kelly and Michèle are International Affiliates of the American Psychological Association and Representatives of the World Federation for Mental Health to the United Nations.

Their publications include over 70 articles and five books in the member care and mental health fields (see [recent publications](#)) as well as ongoing *Member Care Updates* and *Global Integration Updates* (archived on the [MCA website](#)). They did their doctoral training in clinical psychology and theology at Rosemead School of Psychology, Biola University, USA and have two wonderful adult daughters, Erin and Ashling, raised in five countries. MCaresources@gmail.com