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Date: Tue, Sep 9, 2014 at 8:48 PM

Subject: Global Integration--updates for September 2014--world suicide report, depression videos, protecting civilians, etc.

**Global Integration Update**  
**September 2014**  
***Suicide and Depression***  
**Materials for training and practice**

Hi colleagues,

This GI Update includes four brief items:

**1. Supporting your work during our upcoming trip to USA, East Coast**

We can meet/speak on GI areas as well as to interview colleagues for informal GI webinars.

**2. Launch of the WHO *World Suicide Report***

Included are core resources and a relevant, short video.

**3. Black Dog Institute's animated videos on depression**

Free, fabulous, and creative!

**4. More GI resources:**

**a. Civilian protection in the protracted war in Central African Republic**

Attend the event in London via free *dial in access* on 16 September, by Humanitarian Policy Group.

**b. Mental health in Liberia**

14 years after the civil war. there are few professional resources for alleviating its devastating psychosocial impact (PBS video report)

Please feel free to share this Update widely!

Warm greetings,

Kelly and Michele

[Global Integration](#)

*Connecting and contributing on behalf of the major issues facing humanity*

**1. Supporting your work during our upcoming trip to USA, East Coast, October through January.**

Three things we can offer you related to GI (especially global mental health and global member care): a) we can meet/speak at academic institutions with faculty and students; b) we can invite a few colleagues to be interviewed about their international work as part of the [informal GI webinars](#) that we are launching; and c) we can meet to discuss adding global content to training/courses, developing GI, etc. Contact us at: [MCAResources@gmail.com](mailto:MCAResources@gmail.com)

**2. Launch of the WHO *World Suicide Report***

Last week we attended the two day Mental Health GAP Forum in Geneva at the World Health Organization. The Forum focused on implementation updates for the [Mental Health Action Plan 2013-2020](#) and launched the very readable [World Suicide Report \(Preventing Suicide: A Global Imperative\)](#). See also the links on the [WHO web site \(mental health section\)](#) to access a short and moving video on suicide and the [Suicide Fact Sheet](#). Note that [World Suicide Prevention Day](#) is 10 Sept. 2014!

### **Did you know? Some key facts about suicide (from WHO website)**

- Over 800 000 people die due to suicide every year.
- For every suicide there are many more people who attempt suicide every year. A prior suicide attempt is the single most important risk factor for suicide in the general population.
- Suicide is the second leading cause of death among 15–29-year-olds.
- 75% of global suicides occur in low- and middle-income countries.
- Ingestion of pesticide, hanging and firearms are among the most common methods of suicide globally.

### **3. Black Dog Institute's animated videos on depression**

All we can say is watch these creative gems and use them!

- [I Had a Black Dog](#) is a narrated piece on the symptoms, struggles, and helps for depression.
- Living with a Black Dog is a narrated piece on supporting those with depression, available on the [WHO web site's mental health section](#).

### **4. More GI resources:**

#### **a. [Civilian protection in the protracted war in the Central African Republic.](#)**

Attend the event in London via free *dial in access* on 16 September, by Humanitarian Policy Group (<http://www.odi.org/events/4006-central-african-republic-protection-peacekeepers-car>)

#### **b. [Metal health in Liberia](#)**

14 years after the civil war, there are few professional resources for alleviating its devastating psychosocial impact (PBS video report and a powerful tool for courses/training)