

[Topics—ideas to support MH/integration training programs: skype consults, MHPSS, materials developing GI]

From: Kelly O'Donnell <mcaresources@gmail.com>

Date: Fri, Mar 28, 2014 at 11:00 PM

Subject: supporting graduate students/faculty--ideas for including Global Integration

To:

Dear Colleagues in mental health at Christian graduate programs,
(RSP, Fuller, SPU, APU, GFU, Wheaton, Regent, etc.)

Hi from Geneva! We are writing to share a few ideas to support your students/faculty in psychology. Thanks for having a look!

1. Skype consults. Last week we linked by skype video with Dr. Marie-Christine Goodworth's class at George Fox University (PSYD 591 Consultation, Education, and Program Evaluation). We really enjoyed it! We used a power point to guide the presentation/interactions plus showed a short film clip on global mental health (GMH). The overall theme was "Global Integration: Opportunities for Consulting Psychologists"(the power point and handout are on our website in the [Global Integration](#) (GI) section.

2. MHPSS. One special area related to GI is the humanitarian, health, and development sectors' growing emphasis on "mental health and psychosocial support (MHPSS) for staff and persons of concern." MHPSS is a major area where mental health professionals are needed and in which grad students can get involved (research, course work, practice, networking—see for example www.mhpss.net). We think that MHPSS and other GI topics could fit into courses related to consultation, history of psychology, humanitarian and international psychology, member care, and ethics/professional/special issues.

3. Written materials. Here are more ideas for including global perspectives in courses. Add some core overview articles/videos on GMH, including the brief articles in the March 2014 [Psychology International](#) (e.g., GMH: Strategies for Staying Updated by Kelly). Use the book we edited [Global Member Care: Crossing Sectors for Serving Humanity \(2013\)](#)--35 chapters (paperback and ebook versions) to explore crucial areas of need and possible work (e.g., Spirituality and Health in Humanitarian Contexts, Sexual Violence and Armed Conflicts, Mental Health and Vulnerable Groups, Mental Health and Psychosocial Support in Emergency Settings, Psychological First Aid, Culturally Competent Care in Mental Health).

4. Developing GI. Is it time to form a new entity to help us connect and contribute to the emerging domain of GI? What would it be like to meet with faculty and students on campus, at CAPS, at APA, etc. in order to discuss such an entity and to build relationships? I (Kelly) was amazed to interact with grad students/professors last year at Seattle Pacific University, exchanging updates on research in international psychology. The international focus at the CAPS conference too last year was heartening!

Feel free to contact us to discuss the above items--skyping with courses, materials, developing GI, etc.

Our warm greetings from Geneva,

Kelly and Michèle O'Donnell (mcaresources@gmail.com)

From Christina Lee Kim, PhD, Rosemead School of Psychology (18 April 2013)

“Hi Kelly, I just wanted to say thank you for taking the time to share with us at Rosemead about the work you are doing internationally. I came away from your presentation both encouraged and challenged. I was encouraged by the messages you had for us to expand our perspective, consider ways to utilize our skills beyond our little niches here in the U.S. I was particularly encouraged by your model of what psychology can look like in cross-cultural contexts. I was also challenged in thinking about ways to better represent global possibilities in my own course material that I present to my students, both graduate and undergraduate. I will definitely be looking into your 60 minute GMHer materials. :) Thanks again. Hope you will stay in touch with us at Rosemead.”

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