

100+ Books for Member Care

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Member care continues to grow as a field and as a global movement. One indication of this growth is the steady stream of materials that have been developed to promote wellbeing/effectiveness for member care workers and their organisations. This updated compilation of 100-plus materials, primarily books in English, includes many selections that can be part of a core member care library. I have organized the materials into 10 categories. The categories often overlap and many of the materials could actually fit in more than one category.

I primarily emphasise materials written for the mission and humanitarian sectors. The list ranges from “classic through current” materials, and it certainly not complete. Some of the materials are out of print while others are available online for free (internet links noted where relevant). **Please contact me with any additions, links, or corrections in order to help keep this list updated and accurate (mcaresources@gmail.com).** Other relevant materials from human resources, health, mental health, development, business, leadership/management, and personal growth areas are also highly relevant, of course—and almost limitless!

Going Further—Additional Materials:

*Member care database indexed at Mental Health Resources for Cross-Cultural Workers

www.crossculturalworkers.com

*E-books/materials from Missionary Care <http://www.missionarycare.com/ebook.htm>

*Media materials available at Member Care Media (<http://membercareradio.com>)

*Member care-related books for sale: William Carey Library Publishers

(<https://missionbooks.org/products/categories/category/member-care>), Mission Training International (<http://www.mti.org/purchase>), and Society for Human Resource Management ([http://www.shrm.org/Publications/Books/Pages/SHRM-PublishedBooks\(AlphaList\).aspx](http://www.shrm.org/Publications/Books/Pages/SHRM-PublishedBooks(AlphaList).aspx))

*Resources from People in Aid (<http://www.peopleinaid.org/resources>), Headington Institute (e.g., training modules; <http://www.headington-institute.org/overview>), Families in Global

Transition (<http://figt.org/Default.aspx?pageId=1114038>), and Intercultural Press

(<http://nicholasbrealey.com/boston/subjects/interculturalpress.html>)

*Bibliography of articles from the 1960s-1987 in *Helping Missionaries Grow* (1988, Appendix)

<https://sites.google.com/site/membercaravan/test/helping-ms-grow-book>

*Partial listing of materials in other languages http://membercareassociates.org/?page_id=43

*MC: 50 Years-50 Quotes (1964-2013) <https://sites.google.com/site/membercaravan/mem>

*Materials at Global MCA from different sectors and relevant for member care and mission/aid (see “Vol 2 Resources” and “Vol 2 Updates”) <https://sites.google.com/site/globalmca/>

*Materials on Brigada (search “member care” and “books”, <http://www.brigada.org/>)

Disclaimer: The inclusion of these materials as well as the opinions and recommendations expressed in these material do not necessarily reflect their endorsement. The responsibility for the interpretation and use of the materials lies with the reader.

Pastoral and Spiritual Growth

See the annotated “Spiritual Growth Reading List” by Scott Shaum, updated December 2010 <http://www.barnabas.org/files/Spiritual%20Growth%20Reading%20List.pdf>. Here are three examples from my own library.

**Devotional Classics: Selected Readings for Individuals and Groups* (1993)—Richard Foster, James Bryan Smith

**Formed by the Desert: A Personal Encounter with God* (1997)—Joyce Huggett

**Too Soon to Quit: Reflections on Encouragement* (1994)—Lareau Lindquist

Physical and Medical Care

**Principles and Practices of Travel Medicine* (2013, 2nd ed.)—Jane Zuckerman

**Survival of the Fittest: Keeping Yourself Healthy in Travel and Service Overseas* (2005)—Christine Aroney-Sine

**The Travellers’ Good Health Guide* (revised 2007)—Ted Lankester

<http://shop.interhealthworldwide.org/shop/travel-health-books-guides/c-24/c-89>

**Where There Is No Dentist* (2012, update)—Murray Dickson

<http://hesperian.org/books-and-resources/>

**Where There Is No Doctor: A Village Health Care Handbook* (1992)—David Werner

<http://hesperian.org/books-and-resources/>

Career Issues and Reentry

**Burn-up or Splash Down: Surviving the Culture Shock of Reentry* (2007)—Marion Knell

**Career-Defining Crises in Missions: Navigating the Major Decisions of Cross-Cultural Service* (2005)—Paul Keidel

**Cross-Cultural Reentry: A Book of Readings* (1986)—Clyde Austin

**Member Health? Bringing Member Care Home, Thoughts about Contextualization*—Brent Lindquist <http://www.condeopress.com/ondemand/index.php/the-lindquists/brent-lindquist-phd.html>

**Naturally Gifted: A Christian Perspective on Personality, Gifts, and Abilities* (1991)—Gordon Jones, Rosemary Jones

**On Being a Missionary* (2012, rev.)—Thomas Hale, Gene Daniels

**Reentry: Making the Transition from Missions to Life at Home* (1992)—Peter Jordan

**Spiritual Survival Handbook for Cross-Cultural Workers* (2011)—Robert Miller

**Stop, Check, Go; A Short-Term Overseas Projects Checklist* (1996)—Ditch Townsend

**Taking the Long View on Short Term Mission Trips* (2008)—Brent Lindquist

<http://www.condeopress.com/ondemand/index.php/the-lindquists/brent-lindquist-phd.html>

**The Art of Coming Home* (2003)—Craig Storti

**The Reentry Team: Caring for Your Returning Missionaries* (2005)—Neal Pirolo

**Who Cares about the Missionary?* (1974)—Marjory Collins

Team Building, Interpersonal Relationships, and Partnerships

**Body Matters: A Guide to Partnership* (2005)—Ernie Addicott

**Building Credible Multicultural Teams* (2000)—Lianne Roembke

**Cross-Cultural Conflict: Building Relationships for Effective Ministry* (1993)—Duane Elmer

*Materials from Ken William’s *Sharpening Your Interpersonal Skills* www.ITPartners.org

- **Peacemaking: Resolving Conflict and Building Harmony in Relationships (2001)*—Rick Love
- **Snakes in Suits: When Psychopaths Go to Work (2006)*—Paul Babiak and Robert Hare
- **Teamwork (1995; revised 2003)*—Gordon and Rosemary Jones
- **The Five Dysfunctions of a Team (2002)*—Patrick Lencioni
- **Well Connected: Releasing Power, Restoring Partnerships (2006)*—Phill Butler

Families, Couples, TCKs, and Singles

- **201 Great Discussion Questions for Couples in Long Distance Relationships (2012)*—Lisa McKay, Michael Wolfe <http://www.lisamckaywriting.com/>
- **And Bees Make Honey: An Anthology...by Third Culture Kids (1994)*—Jill Dyer, Roger Dyer
- **Belonging Everywhere and Nowhere: Insights in Counseling the Globally Mobile--Lois Bushong* <http://www.quietstreamscounseling.com/>
- **Celebrating Children: Equipping People Working with Children and Young People Living in Difficult Circumstances Around the World (2003)*—Glenn Miles and Josephine-Joy Wright
- **Compendium of the International Conference on Missionary Kids, Quito, Ecuador 1987: Understanding/Nurturing the Missionary Family (Volume 1)(1989)--Pam Echerd, Alice Arathoon*
- **Compendium of the International Conference on Missionary Kids, Quito, Ecuador, January 1987: Planning for MK Nurture (Volume 2). (1989)*—Pam Echerd, Alice Arathoon
- **Families on the Move: Growing Up Overseas and Loving It (2001)*—Marion Knell
- **Family Accountability in Missions: Korean and Western case Studies (2013)*—Jonathan Bonk, Dwight Baker, Nelson Jennings, Jin Bong Kim, Steve Moon <http://omsc.org/accountability.shtml>
- **Fitted Pieces: Parents Educating Children Overseas (2001)*—Janet Blomberg, David Brooks <https://www.shareeducation.org/services/products>
- **Global Mom: A Memoir (2013)*—Melissa Bradford
- **Home Keeps Moving (2010)*—Heidi Sand-Hart <http://homekeepsmoving.blogspot.fr/>
- **ICMK Manila 1984, New Directions in Missions: Implications for MKs (1986)*—Beth Tetzl, Patricia Mortenson
- **Inter-cultural Marriage: Promises and Pitfalls (2008)*—Dugan Romano
- **Kids Without Borders: Journals of Chinese MKs (2000)*—Polly Chan
- **Love Across Latitudes: A Workbook on Cross-Cultural Marriage (1999)*—Janet Fraser Smith
- **Love at the Speed of Email (2013)*—Lisa McKay <http://www.lisamckaywriting.com/>
- **Raising Global Nomads: Parenting Abroad in an On-Demand World (2006)*—Robin Pascoe
- **Raising Resilient MKs: Resources for Caregivers, Parents, and Teachers (1998)*—Joyce Bowers http://www.missionarycare.com/ebook.htm#resilient_mks
- **Rice, Noodles, Bread or Chapati?: The Untold Stories of Asian MKs (2013)*—Polly Ho
- **Single Mission: Thriving as a Single person in Cross-Cultural Ministry (2013)*—Debbie Hawker and Tim Herbert <http://www.amazon.com/Single-Mission-Debbie-Hawker-ebook/dp/B00GTV3UHO>
- **Sojourners: The Family on the Move: A Book of Resources (1990)*--Ruth Rowen, Samuel Rowen
- **The Expert Expat: Your Guide to Successful Relocation Abroad (2007)*—Melissa Brayer Hess, Patricia Linderman
- **The Family in Mission: Understanding and Caring for Those Who Serve (2004)*—Leslie Andrews
- **The Global Nomad's Guide to University Transition (2010)*—Tina Quick <http://www.internationalfamilytransitions.com/>
- **The Missionary Family (1983)*—Betty Jo Kenny

- **Third Culture Kids: Growing up Among Worlds (2009, 2nd ed.)*—Dave Pollock, Ruth Van Reken
- **Writing Out of Limbo: International Childhoods, Global Nomads, and Third Culture Kids (2011)*—Gene Bell-Villada, Nina Sichel
<http://www.amazon.com/Writing-Out-Limbo-International-Childhoods/dp/1443833606>
- **Uprooted Childhoods: Memoirs of Growing Up Global (2004)*—Faith Eidse, Nina Sichel
- **Compendium of the International Conference on Missionary Kids, Quito, Ecuador, 1987: Understanding/Nurturing the Missionary Family (Volume 1)(1989)*--Pam Echerd, Alice Arathoon
- **Compendium of the International Conference on Missionary Kids, Quito, Ecuador, 1987: Planning for MK Nurture (Volume 2). (1989)*—Pam Echerd, Alice Arathoon

Finances, Accountability, Ethics, and Organizations

- **Accountability in Missions: Korean and Western Case Studies (2010)*—Jonathan Bonk
- **Fit In: The Unofficial Guide to Corporate Culture (2007)*—Mark Williams
- **Friend Raising: Building a Missionary Support Team that Lasts (2003, 2nd ed.)*—Betty Barnett
- **Governance Matters: Balancing Client and Staff Fulfillment in Faith-based Not-for-profit Organizations (2004)*—Les Stahlke, Jennifer Louglin
- **Healthy Workplaces: A Model for Action, For Employers, Workers, Policy-makers, and Practitioners (2010)*—World Health Organization
http://www.who.int/occupational_health/publications/healthy_workplaces_model.pdf
- **Never Do Fundraising Again (2012)*—Gaylyn Williams <https://www.rrbooks.org/>
- **Preventing Corruption in Humanitarian Operations (2010)*—Transparency International
http://www.transparency.org/whatwedo/pub/handbook_of_good_practices_preventing_corruption_in_humanitarian_operations
- **Serving Jesus with Integrity: Ethics and Accountability in Mission (2010)*—Dwight Baker, Douglas Hayward
- **Toxic Faith: Experiencing Healing from painful Spiritual Abuse (2001 rev.)*—Stephen Arterburn, Jack Felton
- **Transparency: How Leaders Create a Culture of Candor (2008)*—Warren Bennis, Daniel Goleman, James O'Toole,
- **Understanding Voluntary Organizations: How to Make Them Function Effectively (1988)*—Charles Handy
- **Writing Exceptional Missionary Newsletters (2013)*—Sandy Weyeneth

Stress, Trauma, Crises, and Contingency Management

- **All Stressed Up and Everywhere to Go (2010)*—Gaylyn Williams, Ken Williams
<https://www.rrbooks.org/>
- **Culture Shock: Dealing with Stress in Cross-Cultural Living (1983)*—Myron Loss
- **Expectations and Burnout: Women Surviving the Great Commission (2010)*—Sue Einigenburg, Robynn Bliss
- **Honourably Wounded: Stress Among Christian Workers (1987, 2001 rev.)*—Marjory Foyle
- **IASC Guidelines on Mental Health/Psychosocial Support in Emergency Settings*
www.who.int/mental_health/emergencies
- **Living Overseas: A Book of Preparations (1984)*—Ted Ward

- **Managing Stress in Humanitarian Workers: Guidelines for Good Practice* (2012, 3rd ed.)—Antares Foundation <http://www.ataresfoundation.org/>
- *Mobile Member Care Team's materials on crisis/debriefing www.mmct.org
- **Operational Security Manual in Violent Environments* (2000; revision 2010)—HPN
file:///C:/Users/Kelly/Downloads/GPR_8_revised2.pdf
- **Psychological First Aid: Guide for Field Workers* (2011)—World Health Organization, War Trauma Foundation, World Vision
http://www.who.int/mental_health/publications/guide_field_workers/en/
- **Psychosocial Support: Best Practices from Red Cross and Red Crescent Programs* (2001)—IFRC
http://www.sld.cu/galerias/pdf/sitios/desastres/psychological_support.pdf
- **Recovering from Traumatic Stress: A Guide for Missionaries* (2010)—Stephanie Laite-Lanham and Joyce Pelletier
- **Safety First: A Field Security Handbook for NGO Staff* (2010 edition)—Save the Children
<http://www.savethechildren.org.uk/resources/online-library/safety-first-field-security-handbook-ngo-staff-2010-edition>
- **Sorrow and Blood: Christian Mission in Contexts of Suffering, Persecution, and Martyrdom* (2012)—William Taylor, Antonia van der Meer, Reg Reimer
- **Stress and Trauma Handbook: Strategies for Flourishing in Demanding Environments* (2003)—John Fawcett
- **Supporting Staff Responding to Disasters*—Debbie Lovell-Hawker www.peopleinaid.org
- **Trauma and Resilience, A Handbook: Effectively Supporting Those Who Serve God* (2012)—Frauke Schaefer, Charles Schaefer <http://ondemand.condeopress.com/trauma-and-resilience.html>
<http://www.amazon.com/Trauma-Resilience-Handbook-Charles-Schaefer-ebook/dp/B00C4YP2X0> (ebook)
- **Tear Soup: A Recipe for Healing after Loss* (2003)—Pat Schwiebert and Chuck DeKlyen
www.griefwatch.com

Counseling, Coaching, and Consulting

- **Ad-Mission: Briefing/Debriefing of Teams of Mission/Aid Workers* (1999)—Graham Fawcett
- **Christian Counseling: A Comprehensive Guide* (1990; updated 2006)—Gary Collins
- **Christian Counselling: An African Indigenous Perspective* (2006)—Gladys Mwititi, Al Dueck
- **Christian Counseling Ethics: A Handbook for Psychologists, Therapists, and Pastors* (2013, 2nd ed.)—Randolf Sanders
- **Culture and the Clinical Encounter: An Intercultural Sensitizer for Health Professions* (1996)—Rena Gropper
- **Debriefing Aid Workers and Missionaries*—Debbie Lovell-Hawker www.peopleinaid.org
- **Enhancing Missionary Vitality: Mental Health Serving Global Missions* (2002)—John Powell, Joyce Bowers
- **Healing the Wounds of Trauma: How the Church Can Help* (2013, rev.)—Harriet Hill, Margaret Hill, Richard Baggé, and Pat Miersma
<http://www.amazon.com/Healing-Wounds-Trauma-Revised-Edition/dp/1937628140>
- **HR Magazine Guide for Managing People: 47 Tools to Help Managers* (2006)—SHRM
<http://www.amazon.com/HR-Magazine-Guide-Managing-People/dp/1586440918>
- **New Guide to Crisis and Trauma Counseling* (2003)—Norm Wright
- **The COACH Model for Christian Leaders* (2012)—Keith Webb <http://store.keithwebb.com/>

**The Complete Guide to Christian Coach Training (2012 edition)*—Linda Hedberg
<http://mychristiancoachtraining.com/>

**Where There is No Psychiatrist: A Mental Health Care Manual (2003)*—Vikram Patel

Member Care Compilations and Overviews

**Approaches to Staff Care in International NGOs (2009)*—Benjamin Porter, Ben Emmens
<http://www.peopleinaid.org/pool/files/pubs/approaches-to-staff-care-in-international-ngos.pdf>

**Caring for Volunteers: A Psychosocial Support Toolkit 92012*)—International Federation of Red Cross and Red Crescent Societies' Reference Centre for Psychosocial Support
<http://ifrc.org/psychosocial>

**Code of Good Practice for the Management and Support of Aid Personnel (2003)*—People In Aid www.peopleinaid.org

**Doing Member Care Well: Perspectives and Practices from Around the World (2002)*—Kelly O'Donnell www.chinamembercare.com (many of the books articles are in English and Chinese)

**Enhancing Quality in HR Management: Handbook 2 (2004)*—James Henry, People in Aid

**Global Member Care (Volume 1): The Pearls and Perils of Good Practice (2011)*—Kelly O'Donnell <https://sites.google.com/site/globalmca/>

**Global Member Care (Volume 2): Crossing Sectors for Serving Humanity (2013)*—Kelly O'Donnell, Michele Lewis O'Donnell <https://sites.google.com/site/globalmca/>
<http://www.amazon.com/Global-Member-Care-Crossing-Humanity-ebook/dp/B00HX6WZLQ> (ebook)

**Global Servants, Cross Cultural Humanitarian Heroes (Volume 1): Formation and Development (2011)*—Lois Dodds, Laura Mae Gardner <http://loisdoddsbooks.org/store-2>

**Global Servants, Cross-Cultural Humanitarian Heroes (Volume 2): 12 Factors in Effectiveness and Longevity (2011)*—Lois Dodds, Laura Mae Gardner <http://loisdoddsbooks.org/store-2>

**Global Servants, Cross-Cultural Humanitarian Heroes (Volume 3): The Art and Heart of Agency Care (2013)*—Lois Dodds, Laura Mae Gardner <http://loisdoddsbooks.org/store-2>

**Guidelines for Good Practice in Member Care (2009)*—Global Connections
<http://www.globalconnections.co.uk/resources/codesandstandards/membercareguidelines/intro.htm>

**Helping Missionaries Grow: Readings in Mental Health and Missions (1988)*—Kelly O'Donnell, Michèle Lewis O'Donnell <https://sites.google.com/site/membercaravan/test/helping-ms-grow-book>

**Human Resource Management (2011, 13th edition)*—Robert Mathis and John Jackson

**Member Care Handbook: A Guide to Caring for Our Missionaries (2000)*—Beram Kumar

**Member Care in India: Ministry Call to Home Call (2012)*—JN Manoharan, Jacob Ninan, JJ Ratnakumar, Isac Soundaara Raja

**Member Care for Missionaries: Practical Guide for Senders (2002)*—Marina Prins, Braam Willemse

**Missionary Care: Counting the Cost for World Evangelization (1992)*—Kelly O'Donnell
<http://sites.google.com/site/membercaravan/test/mc-counting-the-cost-book->

**Personal Encouragement and Growth for Every Missionary: A Practical Approach to Biblical Caring and Counselling (1990)*—Jo Anne Dennett

**Missionary Member Care: An Introduction (2013)*—Ron Koteskey
http://www.missionarycare.com/ebooks/Member_Care_Introduction_%20Book.pdf

**Serving as Senders: How to Care for Your Missionaries (1991, 2011 revised)*—Neal Pirolo
http://www.eri.org/index.php?option=com_content&view=article&id=37&Itemid=27

**Sharing the Front Line and the Back Kills: Peacekeepers, Humanitarian Aid Workers and the Media in the Midst of Crisis* (2002)—Yael Danieli

**Thriving in Another Culture: A Handbook for Cross-Cultural Missions* (1998)—Jo Anne Dennett

**Too Valuable to Lose: Exploring the Causes/Cures of Attrition* (1997)—William Taylor

**Understanding HR in the Humanitarian Sector: Handbook 1* (2004)—James Henry, People in Aid <http://www.peopleinaid.org/pool/files/pubs/understanding-hr-in-the-humanitarian-sector.pdf>

**UNHCR's Mental Health and Psychosocial Support for Staff* (2013)—UNHCR <http://www.unhcr.org/51f67bdc9.html>

**Worth Keeping: Perspectives on Good Practice in Retention* (2007)—Rob Hay, Valerie Lim, Detlef Blocher, Jaap Ketelaar, Sarah Hay

Resources from the Humanitarian, Development, and Health Sectors

*100 Books for Humanitarians (annotated list, organized into several categories) www.onlineclasses.org/2010/06/17/100-best-books-for-humanitarians/

*Aid Workers Network links for relief/development staff, support/ideas; www.aidworkers.net

*AtHealth <http://www.athealth.com/>

*Centers for Disease Control--public health issues and materials related to disasters. e.g., "Health Information for Humanitarian Workers" and "Traumatic Incident Stress" www.cdc.gov

*Humanitarian Practice Group provides various materials for free www.odi.org.uk

*International Federation of the Red Cross offers free helpful publications, available at: *Managing Stress in the Field* (2009, 4th ed.)

<https://www.ifrc.org/Global/Publications/Health/managing-stress-en.pdf>

*International Society for Trauma and Stress Studies has four short pieces linked to its home page on mass trauma, helping children, the indirect effects of trauma etc.; also conference and training info www.istss.org

*Mental Health and Psychosocial Support Network www.mhps.net

*Mental Health Workers Without Borders offers a free handbook; *A Guide for Humanitarian, Health Care, and Human Rights Workers: Caring for Others, Caring for Yourself* (2002)

[http://www.dochas.ie/Shared/Files/4/Caring for Others Caring for Yourself.pdf](http://www.dochas.ie/Shared/Files/4/Caring%20for%20Others%20Caring%20for%20Yourself.pdf)

*National Center for PTSD has material and helps on crisis care and PTSD www.ncptsd.org

*National Institute of Mental Health (USA) <http://www.nimh.nih.gov/index.shtml>

*Office for the Coordination of Humanitarian Assistance (OCHA) is the United Nations body to help joint efforts in times of human and natural disasters www.ochaonline.un.org

*Reuters Alertnet service provides updated information on crisis areas in the world www.alertnet.org

*UNHCR, *Refugees* magazine, special issue on staff and recipient safety/security called Too High A Price? United Nations High Commissioner for Refugees, (volume 4, Number 121, 2000).

<http://www.unhcr.org/cgi-bin/texis/vtx/home/opendocPDFViewer.html?docid=3b69138b2&query=Meeting%20the%20Rights%20and%20Protection%20Needs%20of%20Refugee%20Children:%20An%20Independent%20Evaluation%20of%20the%20Impact%20of%20UNHCR%27s%20Activities>

*World Health Organization has regular updates on many health issues/programs www.who.org including mental health http://www.who.int/mental_health/en/