



## GMH-Map Project

### Resource Update September 2014

This Update is available at: <https://sites.google.com/site/gmhmap/>.

Here are some core resources in global mental health (GMH) to support the work in the health and other sectors and to support the efforts towards sustainable development. They overview the various facets of GMH and include links to materials from around the world. Some examples of GMH resources/links are the WHO [Mental Health Action Plan 2013-2020](#); the WHO [MINDbank](#) online data base; and the brief advocacy article by Patel and Saxena, "[Transforming Lives, Enhancing Communities](#)" (2014, *New England Journal of Medicine*).

**Resource 1.** [Global Mental Health: A Resource Map for Connecting and Contributing](#)

(*Psychology International*, July 2011). This brief article provides a 60 minute overview of GMH via links to 10 written/multimedia resources on the web. It's a great way to quickly see the big picture.

**Resource 2.** [Global Mental Health: Finding Your Niches and Networks](#)

(*Psychology International*, March 2012). This brief article builds upon the first article. It identifies 10 overlapping areas of GMH (niche-nets) with links to current web resources for each area.

**Resource 3.** [Global Mental Health: A Resource Primer for Exploring the Domain](#)

(*International Perspectives in Psychology: Research, Practice, Consultation*, July 2012). This is a major research article with an extensive listing of GMH resources, prioritizing materials from the last 10 years. The resources are categorized into six areas: organizations, publications, conferences, training, human rights, and humanitarian.

**Resource 4.** [Global Mental Health: Strategies for Staying Current](#)

(*Psychology International*, March 2014). This brief article describes seven areas of "GMH Flows" to help stay updated with GMH and its inclusion in different sectors and health/development agendas.

**Resource 5.** [Tracking and Trekking with Global Mental Health](#) (draft, July 2014)

This brief article emphasizes GMH-related conferences/consultation over the past two years. Colleagues can still participate in many of these events via the links to the online power points/videos.

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**Global mental health (GMH):** "GMH is an international, interdisciplinary, and multi-sectoral domain which promotes human well being, the right to health, and equity in health for all. It encourages healthy behaviours and lifestyles; is committed to preventing and treating mental, neurological, and substance use conditions (MNS); and seeks to improve policies and programs, professional practices and research, advocacy and awareness, and social and environmental factors that affect health and well being."



[GMH-Map](#) is a collaborative project to compile and share important GMH resources. Through publications, training, and a website, the project helps to provide a "**global map for a global movement**" to navigate the GMH domain better and find relevant ways for connecting and contributing. The project is part of the growing GMH efforts to work inter-sectorally in promoting quality mental health care, human wellbeing, and sustainable development for all people. GMH-Map was set up in 2011 and is overseen by Dr. Kelly and Dr. Michèle O'Donnell with Member Care Associates Inc., a non-profit organisation registered in the United States and based near Geneva. Email: [MCResources@gmail.com](mailto:MCResources@gmail.com)