

[Topics—Connecting with six psychologists about developing GMH 1 May 2014, 21 May 2014, 15 June 2014: meeting in Pasadena, some summary perspectives on meeting, ideas for developing GI, presentation ideas for CAPS 2014 on area of “wellbeing”

From: **Kelly O'Donnell** <mcaresources@gmail.com>

Date: Thu, May 1, 2014 at 1:23 PM

Subject: invite to discussion on developing global integration: training/research/practice--Monday 12 May 2014

Dear colleagues in psychology and mental health,

A first invitation

You are invited to be part of a special discussion on Monday 12 May 2014, 18:00-21:00 PST. The topic is "developing "global integration with a focus on training, research, and practice." We will be meeting in Pasadena, CA and if you are in the area you are welcome to attend the entire three-hour meeting in person (18:00--21:00). Alternatively, please join us by skype for an hour between 19:00-20:00 or longer if you prefer.

Those attending and convening the discussion are: Dr. Cherry Steinmeier and Dr. Jenny Pak (Rosemead School of Psychology), Dr. Cynthia Eriksson (Fuller School of Psychology), and Dr. Kelly O'Donnell (Member Care Associates).

One of the main felt needs for meeting is to discuss ways to further connect and contribute as mental health professionals who are followers of Jesus Christ, on behalf of the major issues facing our world. Admittedly this is a huge topic, but some of the questions that will guide our discussion will help us to focus:

- What are some examples of the opportunities and challenges in our world today?**
- What are some examples of what is being done by us and our close colleagues?**
- What are some ideas about ways forward in our training programs, careers, and involvement within and beyond mental health areas?**

Please contact me (Kelly) if you are able to attend in person or to participate by skype.

A second invitation

One final item is a second invitation for you and your students/colleagues to listen in on the global mental health "conversation" (Staying Updated--Crossing Sectors) that I will be giving at Georgetown Law School in Washington DC (O'Neill Institute) on Tuesday 6 May, 13:30-14:30 EST (US/Canada Toll free: [1-866-244-8528](tel:1-866-244-8528) International Toll: [1-719-457-0816](tel:1-719-457-0816) Password: 292140). Please spread the word. More details here and attached:

<http://www.law.georgetown.edu/oneillinstitute/news/KellyODonnell2014.cfm#>

Hope you can participate!

Warm greetings

Kelly

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On Wed, May 21, 2014 at 11:06 PM, Kelly O'Donnell <mcaresources@gmail.com> wrote:

Cc: Jenny Pak <jenny.pak@biola.edu>, Cherry Steinmeier <cherry.steinmeier@biola.edu>, Cynthia Eriksson <eriksson@fuller.edu>, Michele Lewis O'Donnell <michele.lewis.odonnell@gmail.com>, Member Care Associates <mcaresources@gmail.com>

Hi Cherry, Cynthia, Jenny and Marvin,

Thanks again for the interaction we had last week on global integration. I appreciated the exchanges and caught more of a vision for what similar GI "dialogues" could look like in different places around the world. If you have any take-aways to also share, please do so of course. Three for me:

1. GI is not new but further developing/coordinating it represents tremendous opportunities for the church-mis community and Cxs in MH. There are additional and new ways that we can truly help make a difference in peoples' lives. New mechanisms for communicating, exchanging resources, and meeting together can be developed and coordinated--including a tangible, recognized, and effective facilitating mechanism.

2. Defining GI very simply is important. Examples:

- a. GI is a process of integrating our lives globally for God's glory. Short and simple. :-)
- b. GI--ME is the mental health component of GI, For Cx colleagues around the world this can mean focusing on the overlapping areas of MH/member care.

3. Global Mental Health is an emerging domain that is especially rich with challenges and opportunities for relevant, integrative contributions. As it is developed, it must include cross-cultural sensitivity, an appreciation for indigenous psychologies, an awareness of Western dominance, an effort to integrate it into other sectors and vice versa, and be open to internal and external critique.

I am in Boston and flying out shortly back to Geneva after an enriching trip to the USA, Thanks again and looking forward to more interactions and seeing how GI develops!

Warmly, Kelly

[Note from a 15 June 2014 email about CAPS presentation on wellbeing]

Perhaps there could be a presentation and interest group to discuss something like "wellbeing around the world". Wellbeing is one of the themes for the conf. So wellbeing from more of a macro perspective using the opportunity to inform colleagues about the various efforts and measures for wellbeing that are happening across the sectors and via the world community's efforts to agree on sustainable development goals (including the UN General Assembly in NY this Sept).

Some examples for a presentation/interest group would be updates/perspectives relevant for MH professionals:

- 1. Human Development Report from the UN Development Program
- 2. World Happiness Report
- 3. Lancet Commission on Investing in Health---"Global Health 2035: A World Converging Within a Generation"
- 4. Examples of how "wellbeing" is being conceptualised, researched, and treatment interventions designed to promote it in different countries (low resource countries especially).
- 5. The language of "wellbeing" and efforts to improve it from a critical psychology perspective (including social equity and poverty as being huge influencers of "wellbeing" vs intra-psychic conditions/disorders)]