

4 July 2012

Dear colleagues in mental health and health fields,

Warm greetings from Geneva.

I wanted to share three resource articles in global mental health (GMH) that might be helpful for you in your work/training programs. I wrote these articles as user-friendly overviews and with much helpful input from several colleagues including those in the NGO Forum for Health, Geneva. The idea is to further orient people to the GMH domain, especially students and practitioners in the mental health and overall health fields—in an interesting way and building on the previous work of others.

Resource 1. [Global Mental Health: A Resource Map for Connecting and Contributing](#) (*Psychology International*, July 2011). This brief article provides a 60 minute overview of GMH via links to 10 written/multimedia resources on the web. It's a great way to quickly see the big picture.

Resource 2. [Global Mental Health: Finding Your Niches and Networks](#) (*Psychology International*, March 2012). This brief article builds upon the first article. It identifies 10 overlapping areas of GMH (niche-nets) with links to current web resources for each area.

Resource 3. [Global Mental Health: A Resource Primer for Exploring the Domain](#) (*International Perspectives in Psychology: Research, Practice, Consultation*, July 2012). This is a major research article with an extensive listing of GMH resources, prioritizing those from the last 10 years. The resources are categorized into six areas: organizations, publications, conferences, training, human rights, and humanitarian. It is also foundational for the previous two articles as well as the new web site, [GMH-Map](#)—part of a collaborative project to identify and share GMH resources widely.

Please feel free to include these materials in your work/training programs. I am also available to teach on this subject as part of courses and conferences. GMH is especially relevant in light of what appears to be the growing desire by mental health and health students/professionals to meaningfully connect and contribute more broadly in our globalizing world.

Any questions or suggestions please just ask.

Sincerely,

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Global mental health (GMH): "GMH is an international, interdisciplinary, and multi-sectoral domain which promotes human well being, the right to health, and equity in health for all. It encourages healthy behaviours and lifestyles; is committed to preventing and treating mental, neurological, and substance use conditions (MNS); and seeks to improve policies and programs, professional practices and research, advocacy and awareness, and social and environmental factors that affect health and well being." ([GMH--Finding Your Niches and Networks](#), 2012)