

Global Mental Health-Geneva (GMH-Geneva)

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*Keep in the forefront the opportunities for “selfless moral struggle” in partnering with others (Patel et al. 2011, p. 90) and the “duty and choice to risk one’s own rights and well-being” on behalf of fellow humans (O’Donnell, 2011, p. 187). Develop your personal character and professional competence as a responsible global citizen. Form a **global caravan** for your **GMH journey** in the service of humanity. (Adapted from GMH: A Resource Primer for Exploring the Domain, 2012)*

An informal relational network and local hub (net-hub) in the Geneva area to encourage mutual learning-support for GMH

- Connecting colleagues from various organisations-backgrounds and GMH interests (governmental and inter-governmental agencies, NGOs and academic institutions, etc.; students professors, interns, leaders, users, practitioners, health ministers, etc.)
- Offering and co-sponsoring a variety of GMH-related events in the Geneva area (symposia, workshops, conferences, formal/informal briefings, roundtables, socials) including webcasts for colleagues internationally.
- Emphasizing health-wellbeing with a special focus on GMH in relation to: vulnerable populations, priority MNS conditions, human rights, social determinants of health, research, good practice, integrative health policies/programmes, people affected by conflicts and calamities, humanitarian personnel, and work-life balance for ourselves as colleagues.
- Linking relationally with broader health-related networks, including MGMH.
- Providing e-updates and web information related to GMH-Geneva.
- Encouraging the development of other GMH net-hubs internationally.

GMH is an international, interdisciplinary, and multi-sectoral domain which promotes human wellbeing, the right to health, and equity in health for all. It encourages healthy behaviors and lifestyles; is committed to preventing and treating mental, neurological, and substance use conditions (MNS); and seeks to improve policies and programs, professional practices and research, advocacy and awareness, and social and environmental factors that affect health and wellbeing. Net-hubs, comprised of a diverse group of practitioners serving humanity, can play a helpful role in the GMH domain. (adapted from GMH: Finding Your Niches and Networks, *Psychology International* 2012)