



GMH-Map Project

Resource Update August 2016

We have done seven overview articles on Global Mental Health (GMH). The articles provide core resources/links to further orient mental health colleagues as well as colleagues across sectors. Some examples of the GMH resources/links are the [Mental Health Action Plan 2013-2020](#) (WHO); the WHO [MINDbank](#) online data base; the website of the [Mental Health Innovation Network](#); and the short documentary on mental health/human rights, [Like a Death Sentence](#) (Human Rights Watch).

Resource 1. [GMH: A Resource Map for Connecting and Contributing](#) (*Psychology International*, July 2011). This brief article provides a 60 minute overview of GMH via links to 10 written/multimedia resources on the web. It's a great way to quickly see the big picture.

Resource 2. [GMH: Finding Your Niches and Networks](#) (*Psychology International*, March 2012). This brief article builds upon the first article. It identifies 10 overlapping areas of GMH (niche-nets) with links to current web resources for each area.

Resource 3. [GMH: A Resource Primer for Exploring the Domain](#) (*International Perspectives in Psychology: Research, Practice, Consultation*, July 2012). This major research article has an extensive listing of GMH resources. The resources are categorized into six areas: organizations, publications, conferences, training, human rights, and humanitarian.

Resource 4. Exploring GMH: A Global Map for a Global Movement ([Global Member Care: Crossing Sectors for Serving Humanity](#), 2013, pp. 229-244). Provides many core GMH resources including five suggestions for GMH involvement.

Resource 5. [GMH: Strategies for Staying Current](#) (*Psychology International*, March 2014). This brief article describes seven areas of "GMH Flows" to help stay updated with GMH and its inclusion in different sectors and health/development agendas.

Resource 6. [Tracking and Trekking with GMH](#) (*Psychology International*, June 2015) This brief article updates core GMH materials, highlighting GMH-related events over the past three years. Colleagues can still "participate" in these events via links to the online power points/videos.

Resource 7. [GMH: Sharing and Synthesizing Knowledge for Sustainable Development](#) (*Global Mental Health*, August 2016). This article illustrates the relevance of GMH and multi-sectoral knowledge for promoting sustainable development/wellbeing. It is an orientation framework in two parts: Context Resources—Global Multi-Sector Materials (GMS), featuring seven representative reports on global issues; and Core Resources—GMH Materials, including seven representative lists of GMH materials.

Global Mental Health (GMH): "GMH is an international, interdisciplinary, culture-sensitive, and multi-sectoral domain which promotes human well being, the right to health, and equity in health **for all**. It encourages healthy behaviours and lifestyles; is committed to preventing and treating mental, neurological, and substance use conditions (MNS) especially for vulnerable populations (e.g., in settings of poverty, conflict, calamity, and trauma) and in low- and middle-income countries; and seeks to improve policies and programs, professional practices and research, advocacy and awareness, and social and environmental factors that affect health and well being."



[GMH-Map](#) is a collaborative project to compile and share important GMH resources across sectors. Through publications, training, and a website, the project supports quality mental health, wellbeing, and sustainable development. GMH-Map began in 2011 and is overseen by Dr. Kelly O'Donnell and Dr. Michèle Lewis O'Donnell, consulting psychologists with Member Care Associates (MCA). MCA is a non-profit organisation registered in the USA, based in Geneva. MCAResources@gmail.com