The resources in the monthly *Updates* are designed to help you develop member care skills, stay in touch with global issues, and cross sectors for mutual learning and good practice. Note that pdf versions are available through July 2012. HTML versions begin April 2012 and include a special translation button in the upper right corner--45+ languages.

**MC Foundations and History**
- 120. Special News April 2019: [Member Care and Unreached Peoples](#)
- 101. Summary: Global Member Care—Highway 101. [September 2017](#)
- 100. Love: Commands for Reflection and Application. [August 2017](#)
- 96. Re-Member Care: Tributes to MC Pioneers and Developers. [April 2017](#)
- 95. Go for It! Building Our Future Foundations Now! [March 2017](#)
- 87. Recent Resources and Events: Member Care Around the World. [July 2016](#)
- 77. Jesus Christ—The Lord of Member Care. [September 2015](#)
- 72. 50+ Years of MC History: Our Foundations and Future. [April 2015](#)
- 23. Master Care. [March 2011](#)

**MC Models**
- 112. Special News August 2018: [Multi-Sectoral Member Care](#)
- 94. New Global Member Care Model: Member Care in the Missio Dei (MC-MD). [February 2017](#)
- 63. New Model for Global Member Care. [July 2014](#)
- 29. Exploring Global MC-MH. [September 2011](#)
- 23. Master Care. [March 2011](#)

**Stress, Trauma, and Resilience**
- 119. Special News March 2019: [Confronting the Trauma Pandemic](#)
- 113. Special News September 2018: [The Hurting Counselor](#)
- 109. Special News May 2018: [Resiliency for Team Leaders](#)
- 106. Special News February 2018: [Centre for Humanitarian Psychology](#)
- 103. Special News November 2017: [Helping the Helpers (resources for humanitarians)](#)
- 102. Special News October 2017: [Stress and Trauma (two new articles)](#)
- 88. Psychological First Aid. [August 2016](#)
- 79. Resiliency Toolkit—Strengthening Ourselves and Others. [November 2015](#)
- 75. Trauma. [July 2015](#)
- 46. Flourishing. [February 2013](#)
- 35. Work-Life Balance. [March 2012](#)
- 28. Hard Core Realities. [August 2011](#)
- 21. Healing for Grief and Trauma. [January 2011](#)
- 10. Dealing with Disasters. [February 2010](#)
- 8. Resiliency. [December 2009](#)
Tools for MC Consultation

106. Special News February 2018: Centre for Humanitarian Psychology
103. Special News November 2017: Helping the Helpers (resources for humanitarians)
91. Telehealth Practice: Perspectives and Resources. November 2016
80. Field Consultations. December 2015
42. Coaching in Mission/Aid Organizations. October 2012

Relationships and Teams

109. Special News May 2018: Resiliency for Team Leaders
68. LGBTQs—Perspectives. December 2014
44. Finances/Friends and Money/Motivation. December 2012
34. Working Together. February 2012

Families and TCKs, and Ageing

57. Families and Singles. January 2014
15. Third Culture Kids and Cross-Cultural Kids. July 2010
1. TCKs (radio interview) and Good Practice in Member Care (video lectures). May 2009

Ethics, Character, and Integrity

117. Special News January 2019: Moral Health for a More Whole World (video, etc.)
114. Special News October 2018: Lessons for Integrity, Action, and Healing
111. Special News July 2018: Whistleblowing
110. Special News June 2018: Righteous and Relevant Leaders
107. Special News March 2018: Summons to a Global Integrity Movement (article)
97. Moral Care: Resources for Living in Integrity. May 2017
83. Living in Integrity—Moral Wholeness for a Whole World. March 2016
70. Core Commitments: Tough Times-Places-People. February 2015
64. Character Counts. August 2014
54. Living in Truth and Peace. October 2013
47. Ordinary Heroes. March 2013
36. Confronting Corruption: Safeguards for Staff and Senders. April 2012
32. Ethical Guidelines. December 2011
Safety and Security

Health, Addictions, and Dysfunction
113. Special News September 2018: The Hurting Counselor
90. Internet Sanity: Maintaining Control and Avoiding Addictions. October 2016
30. Physical Health—Preventing NCDs. October 2011
11. Pornography and Addictions. March 2010
6. Personality Disorders, Connecting/Contributing to Member Care. October 2009
4. Member Caravan (website) and Mistakes Were Made But Not By Me (book). August 2009
2. Healthy Leadership. June 2009

Training
65. Global Relevance—New MC Course and Webinars. September 2014
60. Training Opportunities. April 2014
59. 100+ MC Books! March 2014
17. Readings Galore! September 2010
18. Case Studies. October 2010
5. Missionary Care (book) and Human Resource Management (books). September 2009
4. Member Caravan (website) and Mistakes Were Made But Not By Me (book). August 2009

Good Practice and Sender Care
91. Telehealth Practice: Perspectives and Resources. November 2016
76. New Resources for Senders. August 2015
43. Doing Good Well. November 2012
22. Upgrading Staff Care. February 2011

Regional MC
73. Planet Middle East: Perspectives on a Precarious Region. May 2015
38. Planet India. June 2012
7. Member Care Resources—Indonesia and Africa. November 2009

Mental Health as Mission and Global Mental Health
116. Special News December 2018: Frontline Mental Health (frontier mission settings)
112. Special News August 2018: Multi-Sectoral Member Care (also multi-sectoral mental health)
105. Special News January 2018: Two articles-crossing sectors & global mental health
84. Global Mental Health as Mission—Overview and Opportunities. April 2016
61. Doing Mental Health Well. May 2014
53. Mental Health and Psychosocial Support. September 2013
49. Faith-Based Perspectives. May 2013
41. Mental Health as Mission. September 2012
29. Exploring Global MC-MH. September 2011
24. Mental Health for All. April 2011

Global Issues and Multi-Sectoral Resources
118. Special News February 2019: Core Member Care—Global Context
115. Special News November 2018: Pursuing Peace (whole people-whole world)
112. Special News August 2018: Multi-Sectoral Member Care (also multi-sectoral mental health)
105. Special News January 2018: Two articles-crossing sectors & global mental health
104. Special News December 2017: Index of Global Integration Updates (three years)
98. New Resources: Gazing-Going beyond Our Shores. June 2017
83. Living in Integrity–Moral Wholeness for a Whole World. March 2016
78. Migrant Care–Hospitality for Humanity. October 2015
74. Peace in a Perilous Age. June 2015
65. Global Relevance–New MC Course and Webinars. September 2014
58. Strategies for Crossing Sectors. February 2014
56. Global Member Care (volume 2). December 2013
52. Healing Humanity. August 2013
51. Global Integration. July 2013
50. Making History Better. June 2013
49. Faith-Based Perspectives. May 2013
48. The World We Want. April 2013
40. Serving Humanity. August 2012
30. Physical Health–Preventing NCDs. October 2011
27. Lessons in Military Care. July 2011